

# MANNA

July 2007 Vol. 20, No. 7

Newsletter of the  
McDonald Road Seventh-day Adventist Church

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## H2O VBS Starts in July

Water is an amazing gift from God. It is the most abundant substance in the human body, accounting for one-half to three-fourths of a person's weight. Water helps each cell in the human body to carry out its activities, from digestion and transporting nutrients to building tissues. Water also cleanses the body and helps maintain a healthy body temperature.

**Come to H2O VBS at McDonald Road Seventh-day Adventist Church during the week of July 9-13 from 6:00 to 8:00 p.m.** to learn more about the amazing substance called H2O and how God created it especially to benefit us.



photo by Melissa Turner

*Daughter and mother team, Tammy Harris and Lou Kratzer lead out in this year's VBS program. Contact them if you are willing to volunteer.*

“But seek first his kingdom and his righteousness, and all these things will be given to you as well,” Matthew 6:33.

## Church Adopts New Policy to Keep Children Safe

The McDonald Road Seventh-day Adventist Church Board has voted and approved the following safety policy to protect our church's children during church-sponsored activities. Please review this new policy:

### **Parking Lot Safety and Children**

Overview: After large meetings, children are all over the parking lot, with the challenge of keeping them safe while cars are coming and going.

Safety Committee recommendation to the board: (Voted and approved 9/18/07)

- At vespers, special prayer meetings, and other large “church-wide” meetings: Announce at the beginning of the meeting recommending parents to have their children with them, and to watch them after the meeting.
- Put announcements in the Manna and the church bulletin about safety of children in the parking lot.
- Ask that all departments that have special functions be responsible of looking after children in their care.
- Pathfinders, Adventurers, VBS, etc., leaders need to work out a plan to watch children in their care that are in the parking lot.
- Recommend that the deacons be asked to have a deacon in charge of the parking lot at every major church-wide meeting of the church.

~Dean Saunders, safety committee leader

The Manna is the official newsletter of the McDonald Road Seventh-day Adventist Church. It is published monthly and distributed to members and friends of the church.

<b>Head of the Church Pastor</b>	<b>Jesus Christ</b>
<b>Associate Pastor</b>	<b>Don Gettys</b>
<b>Associate/Youth Pastor</b>	<b>Paul Carlson</b>
<b>Church Secretary</b>	<b>David Cook</b>
<b>Newsletter Editor</b>	<b>Kim Rollins</b>
	<b>Melissa Turner</b>

The church office is open Mondays through Thursdays from 9 a.m. to 3 p.m. and Fridays 9 a.m. to 1 p.m., unless otherwise announced.

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**Submissions Deadline:** Noon on the third Friday of each month, unless otherwise specified. Submit items in writing at the church office; by fax (396-3433); by e-mail [manna@mcdonaldroad.org](mailto:manna@mcdonaldroad.org); or by mail at 5440 McDonald Road, McDonald, TN 37353. Submissions by phone are not accepted.

**Electronic Submissions:** Submissions may be made via e-mail with the following attachment formatting: Word or WordPerfect documents, Adobe PDF text files and graphics or photos saved as jpeg, bmp or gif files. Please submit electronic files by e-mailing them to: [manna@mcdonaldroad.org](mailto:manna@mcdonaldroad.org).

McDonald Road  
Seventh-day Adventist Church

“Uplifting Jesus”

# Pastor’s Challenge

## Facing the Con-Man

She is one of the wisest pastors Kristen and I know. She’s brilliant; she’s practical; she never loses a game of rook. Yet she was once swindled out of thousands of dollars.

The whole thing started when a lady came to the church and asked to see our friend. She said she was a backslidden Adventist with trust issues. She felt she couldn’t trust anyone and that no one trusted her. Finally, she convinced our friend to hand her three thousand dollars of her own money (hello!). She said this would help her feel trusted. Supposedly they would meet again in a few hours and the cash would be returned. You guessed it; she never saw the woman or the money again.

When she told us the sad tale we were stunned. “I know I was stupid,” she mourned, “but you should have been there. She really was convincing.” Is it possible for someone so informed to so be mistaken?

You could wonder the same question about Jesus’ disciples. They may not have been brilliant, but they were informed. Sometimes it is easy for us to think, “Well, they just didn’t have the right belief system.” Or, “They should have read the scriptures more.” Yet, Jesus TOLD them he would die. And he told them more than once. Not only that, they acknowledged his words. Mathew says, “‘The Son of Man is going to be delivered into the hands of men; and they will kill Him, and He will be raised on the third day.’ And they were deeply grieved.” (Mathew 17:22-23).

Did you catch that? They understood Him enough to be sad about his approaching death! So why were they caught off guard? And why did they forget about Him rising again?

Let me ask another question. What about us? We know so much about the final days. We have all the events neatly charted out: first will come the false revival, then the latter rain, then the Sunday Law, then the death penalty, then the close of probation, then Jacob’s time of trouble, then Satan as Christ etc. Yet Matthew says, “For false Christs and false prophets will arise and will show great signs and wonders, so as to mislead, if possible, even the elect.” (Matt. 24:24). Wait a minute! Aren’t we supposed to be the elect?

I am convinced that we don’t have a clue how we will react when the great deception comes. We say things like, “I will recognize Satan because his feet will touch the ground.” Or, “‘Every eye shall see Him,’ that’s how I will know. But what if that’s not enough?”

**“Pastor’s Challenge” continued on page 5**



## Sermon Schedule

- “Solomon’s Fount of Wisdom” Sabbath, July 7
- by Pastor Don Gettys
- “Sluggards Sleep While Winners Work” Sabbath, July 14
- by Pastor Paul Carlson
- “Walk with the Wise” Sabbath, July 21
- by Pastor Paul Carlson
- “A Sharp Tongue Doesn’t Prove a Keen Mind” Sabbath, July 28
- by Pastor David Cook

# Reaching In

## *There Is a Joy*

By Adrian Boyer

There is a Joy too deep for Words;  
A Joy akin to Pain  
That surges through our Hearts  
each Time  
We meet old Friends again.

A Thousand Recollections rise,  
And Time retreats a Pace  
Whenever we clasp a Comrade's  
Hand,  
Or see a Comrade's Face.

There is a sweet Charisma here  
The Years cannot restrain,  
And Happiness is when we greet  
Old Classmates once again.

Yet mingled with reunion's Joys  
There is a sadness, too;  
When we miss the Ones who  
could not keep  
This joyous Rendezvous.

And though they could not be with  
us,  
Their Memories still abide:  
We'll ne'er forget the Years we  
walked  
Together Side by Side.

There is a Joy too deep for Words;  
A Joy akin to Pain  
That lingers in each loyal Heart  
Until we meet again.

## A New Chapter Begins

I am thankful for the last four years I have worked on the Manna and for the church family I have been able to serve. But it is with great anticipation that I share with you the news that I am retiring from Manna editorship and I am passing the editor's red pen over to my friend and communications colleague Becky Brooks.

I haven't told her this but the fact that Becky is taking on the editorship of the Manna is an answer to prayer. When I realized God was guiding my life's path in a new direction, I prayed that if that was truly what He wanted me to be doing, He would send

### Meet the New Manna Editor



**Rebecca Brooks**

someone to take the Manna editorship. I had already spoken to Becky a couple weeks before this prayer, and she wasn't sure she wanted to take on the task. But shortly after I said that prayer, leaving things in God's hands...Becky e-mailed me back and said, "Well, tell me more." God is good.

It feels great to be leaving the Manna in such capable hands. Becky and I were classmates at Collegedale Academy and Southern Adventist University. After graduating from Southern and having interned at Memorial Hospital's marketing and public relations department, Becky got a job interning in the communications department at the Georgia-Cumberland Conference office. All of us friends were very proud of her. Since then, Becky has been promoted to assistant communications director and stays busy writing and editing for the conference publication, *Communique*, and website [www.gccsda.com](http://www.gccsda.com), among other tasks. Becky and Justin Brooks were married a year ago, on June 25,

2006. Through her communication skills and her love for Jesus, I know Becky will continue to bring a quality Manna newsletter to our church members' homes each month. And Becky looks forward to broadening her role as McDonald Road Church's communications director by taking on the editorship of the Manna.

I have poured my heart out through words. And it has been an awesome journey. Now it is time to begin a new chapter. God has some exciting things on the horizon. And I look forward to moving ahead in His grace, and putting His love into practice in my life's work. May each one of us find ways to live out His love in our lives every day.

If I can leave you with anything, I would point you to one of the most compelling statements of Jesus, one I have thought a lot about the past couple of years: "But **seek first** his kingdom and his righteousness, and all these things will be given to you as well," Matthew 6:33. I want to live like that every day, don't you? ~Melissa Turner, editor

***I want to write a special thank you to everyone who has made the Manna possible each month over the past four years. To those who contribute regularly, thank you for your help in communicating God's love and the ministry of this church. To those who have helped behind the scenes with design, technical needs, printing and folding, thank you so much for your help in making the Manna happen. Thank you to the church family for your love and encouragement! Thank you, Jesus for communicating the gospel message to us through your love!***  
***God bless, Melissa***

# Reaching Out

## McDonald Road Gears Up for CHIP Program Outreach



photo by Melissa Turner

*Judy DeLay has been nominated to serve as CHIP leader at McDonald Road.*

In Fall 2006 McDonald Road Church launched its first CHIP (Coronary Health Improvement Project) program with great success. Over twenty attendees committed to coming four nights a week, two hours a night to receive vital, life-saving information via DVD lectures presented by Hans Diehl, Dr. HSc, MPH, director of Lifestyle Medicine Institute of Loma Linda, California.

Dr. Diehl's lectures shared principles for "eating more and weighing less," reversing life-altering diseases and ailments such as atherosclerosis and heart disease, diabetes, high blood pressure, high cholesterol, overweight and more, simply through building a healthier lifestyle.

CHIP is an intensive 30-day lifestyle education program (similar to live-in programs like those offered at Wildwood) except participants live at home and can con-

tinue their jobs, while still receiving vital health education. The program includes before-and-after blood glucose, cholesterol and triglyceride tests, cooking demonstrations, food samples, guided grocery shopping trips and scientifically-backed lectures supporting healthful lifestyle choices (regular exercise, a total vegetarian diet, as well as emotional and spiritual health) that will allow participants to build a foundation for a healthier, happier way of living.

The McDonald Road Board has voted and accepted to have a CHIP program ministry offered at McDonald Road Church and to have CHIP programs twice a year, inviting the greater Chattanooga community through newspaper and radio advertising.

For more information about an upcoming CHIP program, contact CHIP Leader Judy DeLay.

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### **"Pastor's Challenge" continued from page 2**

You know, we aren't too far from where the disciples were. They were the remnant; they were the chosen; they had the Sabbath; they knew the prophecies; they knew when the Messiah would come, they knew Jesus. But what went wrong?

Speaking of knowing Jesus, you would think that that would be the answer. You've heard the cliché: It's not what you know but who you know. But the disciples DID know Jesus.

Or did they? Perhaps there was a level of knowing that they had not reached. Perhaps they were not aligned with His goals. You see, Jesus' goal was the cross. When Jesus first told His friends that he would die, Peter vigorously disagreed. Then Jesus replied, "Get behind Me, Satan! You are a stumbling block to Me; for you are not setting your mind on God's interests, but man's." Peter may have known Jesus, but he didn't have the same goals.

Then Jesus clearly spells out his priorities. He says, "If anyone wishes to come after Me, he must deny himself, and take up his cross and follow Me. For whoever wishes to save his life will lose it; but whoever loses his life for My sake will find it."

Yes, Jesus' goal was the cross. His disciple's goal was the crown. The disciples stumbled at the cross because they weren't looking for it.

And this is where you and I go wrong. We may admit that this life has its hardships and trials. We may even admit that they bring out good things in us. But we avoid suffering with Him at all costs. If we can't accept suffering now, how will we accept it in the future? And yet, if we prepare now, we can accept it.

Here's the good news. It can actually be enjoyable! It's like working out. Let's face it, working out hurts! Yet, working out can be addicting. You enjoy seeing your progress week by week. You enjoy how much better your body feels. You even enjoy the hurting muscles. I'm enjoying mine right now, actually.

And this is how we can enjoy self denial. It's a work-out for the soul. It's helping us get in shape for the biggest challenge of our lives. When the deception comes, we'll be in great shape to meet it. And we won't fail because we have the best partner and trainer ever.

# Kids' Corner

## Uncle Burney's Critter Corner

Bears have played a very colorful part in American history. They have helped make a few heroes out of ordinary men. Of course some of these men became heroes by largely exaggerated accounts of their bear encounters.

As long as bears and man exist on the same planet there will be instances when they come into conflict. Many times as I have hiked the trails of the Smokey Mountains and Florida swamps I have seen the tracks of bears and knew they were close by. Never have I ever felt threatened. I knew when I came upon a mother bear with cubs that they were to be avoided. One time I got on the down wind path of a forest fire and didn't exactly know which way to run. So I just laid down some tracks of my own and started to run for the nearest swamp bottom that had water. A mother bear with two cubs had the same idea and were trotting, along near me to the deep swamp for safety. When we hit the thicket she and her cubs hit the water at about the same time I did and then they vanished into the swamp.

All animals have a fight or flight survival instinct, including man. Wild animals just seem to know when to use it at the right time more often than we do. Mother bears, like humans, are very protective of their babies and will protect them with their own lives if necessary. If you find a baby bear in the woods, look out! The mother is most likely watching close by so don't even think about sticking around. Get out of there (without the cub) as quick as you can.

Humans have made it necessary for many bears to live in an un-natural environment thereby causing some unpleasant meetings. Many black bears, here in Tennessee, have learned to eat out of garbage cans right in the middle of town. Others visit the local dump or dumpster for their suppers. Tourists love them but it can be a dangerous and messy encounter if the bear thinks the tourist wants his garbage. These old town bears usually all have tags with numbers clamped to one of their ears. If one of the numbers keeps showing up in the wrong place too many times they have to be trapped and hauled back to the deep woods somewhere miles away.

Little bear cubs are cute and inspired someone years ago to come up with the teddy bear stuffed animals. Stuffed teddy bears have led a lot of people to think that real bears are cuddly and fun to play with also. Not always so. The one I used to take care of at my hometown zoo was just too rough to handle without gloves. It wasn't long before even gloves weren't enough. I think that this was the juvenile delinquent of the bear clan. Even as a small cub he wanted my hand to eat, glove and all. Soon I fed him his bottle through the cage and that way I managed to keep all my fingers.

I am really looking forward to living in the New Earth where I can have a real live teddy bear and not even have to wear gloves to play with him. The Bible says children will be able to play with lions and bears and all animals will get along with each other. Since God created the Earth the first time He will surely do it again and I can Bear-ly wait, how about you? Hope to see you on the trail soon.

~Burney Tompkins (Uncle Burney)



## Water Wonders

### "Sea Urchins"

A Story by Mrs. Janice Parker

Eunice Sea Urchin is a small spiny creature of the sea. She can be found in oceans all over the world. Globe-like in shape with spines all over her body, Eunice resembles a hedgehog. Her spines are only one to three centimeters in length and about two millimeters thick. She and her family come in many colors, from dull shades of black, olive green and brown to brighter purple and red.

Eunice has no visible eyes or legs. When first seen, she appears to not be able to move, but on closer inspection, her spines can be seen moving by means of hundreds of tiny tube feet. Her spines are attached at their base and can be pointed in any direction. Her spines and tube feet work together so she can move.

Eunice's spines serve to protect her from her enemies as well. If touched, she can give a very painful wound. People who have stepped on sea urchins have felt a lot of pain, but won't be seriously wounded.

Eunice eats algae. And she is the favorite food of sea otters. If the sea otters don't keep the population of sea urchins down, the sea urchins will multiply rapidly and eat up the kelp forest and ruin the environment.

People in Korea, Japan, Spain, Greece and many parts of the world find sea urchin "roe" a very special food. The roe is a yellowish or orange substance that looks like firm custard. There are five strips of roe on the inside test or shell of the sea urchin.

# Connecting

## New Member Spotlight

### Todd & Krystal Wever; Briana and Ben

The Wever family has moved to this area from Battle Creek, Michigan. A very active family, all of them enjoy hiking, camping and canoeing. Todd Wever works with the Landscape Department at Southern. He enjoys bicycling and woodworking. His wife, Krystal, enjoys quilting, knitting, spinning, and she homeschools their children, Briana and Ben. Briana is an eighth grade student. Her interests include writing, horseback riding and hammered dulcimer. In fifth grade, Ben enjoys horseback riding, too.



### Richard Thompson

Richard comes to us from the St. Petersburg, Florida church. He enjoys flying, photography and operating audio/visual equipment. Judie Noorbergen (already a member) and Richard have recently married.

## Coming Soon to a Church Newsletter Near You. . .

More  
New Member Intros  
&  
Profiles

Get to Know Your Fellow  
Church Members Right Here  
on the "Connecting" Page

# Connect!

### Anice Schwarzer

Anice Schwarzer is transferring to McDonald Road Church from Roswell, New Mexico. The mother of Travis Schwarzer (already a member) she enjoys reading and crafts. Her husband, Otto, resides in a nursing home in New Mexico.



~compiled and photographed by Pastor Paul Carlson

# What's Happening

## H2O VBS at McDonald Road:

Come Sunday, July 8 through Saturday, July 14 for H2O VBS and learn about how God created water to benefit our bodies. Come enjoy Bible stories, songs, crafts and science. VBS begins at 6:00 p.m. each evening and ends at 8:00 p.m. Come to McDonald Road Seventh-day Adventist Church's 2007 VBS. For more information call 479-7660 or 473-9213.

**Cohutta Springs Family Camp:** July 24-29. Come enjoy the beauty, activities and spiritual programming with your whole family and make memories for a lifetime! To register for family camp or another summer camp session at Cohutta Springs, visit [www.cs-yc.com](http://www.cs-yc.com) or call 1-800-567-1844, ext. 346.

**Recruiting Reporters:** Do you like taking pictures or writing about events? If so, you are a prime candidate for helping cover news at our church. To learn more, e-mail Church Communications Director Becky Brooks at [bebecky@gmail.com](mailto:bebecky@gmail.com). No experience necessary. Digital camera required.

**Help us promote our new website address at:** <http://mcdonaldroad.org> as well as our new e-mail address at [mcdonaldroad.org](mailto:mcdonaldroad.org). Be sure to bookmark it for yourself— and if you have a personal website, include our new web address in your links!



## Regular Programs -

Weekly Worship Services

First Service

Saturdays at 8:50 a.m.

Second Service

Saturdays at 11:25 a.m.

Sabbath School

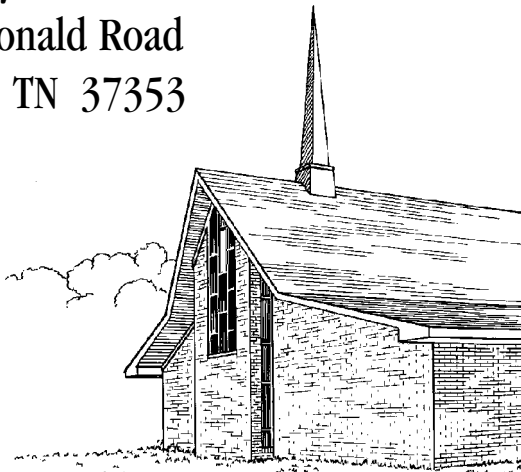
Saturdays at

10:00-11:20 a.m.

Prayer Meeting

Wednesdays at 7:00 p.m.

**McDonald Road  
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McDonald, TN 37353**



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