

MANNA

September 2007 Vol. 20, No. 9



Newsletter of the
McDonald Road Seventh-day Adventist Church

In this issue. . .

Pastor's Challenge	2
Financial Update	3
Church Board Notes	3
Poem by Adrian Boyer	4
Time for Renewal	4
Mission to Africa Photos	5
Kid's Corner	6
Water Wonders	6
New Member Spotlight	7
What's Happening	8

“Glorify the LORD with me; let us exalt his name together. I sought the LORD, and he heard me, and delivered me from all my fears. Those who look to him are radiant; their faces are never covered with shame.”

~ Psalm 34:3-5

Youth Reach Out For Jesus

A group of around 30 young people, accompanied by their parents and friends, gathered at the McDonald Road church every Wednesday morning this past summer, preparing to reach the Collegedale and Cleveland areas for God. From doing yard work to seeking Bible studies, every participant found a niche to fill as part of this program, known as Youth 4 Jesus.

Each week, small groups of youth and parents left to do yard work, pulling weeds, raking lawns, and planting flowers for homeowners who could not easily take care of their yards. Others visited shut-ins, bringing fresh-baked goodies, tapes of recent sermons, and Bible-text bookmarks. “The older people extremely enjoyed it,” remarked Paula Burns, program leader.

Several more groups of young people, accompanied by adult companions, knocked on doors throughout the community, seeking people who were interested in studying the Bible with them. Because of this ministry, the youth are now carrying on Bible studies with several community members, as well as sending mail-in studies to some contacts. And while planting seeds of truth in others’ minds, the youth have themselves changed. “They’ve grown so much,” Kittie Schleifer, one of the leaders of this group, shared. She added that the program was a great confidence booster—while knocking on doors and praying with strangers, the young people learned through experience how to witness to others.

Overall, Youth 4 Jesus has influenced both the participants and the community in ways that only eternity may measure, fulfilling the second great commandment, “You shall love your neighbor as yourself.” (Matthew 22:39)

~ Briana Weaver, reporter

Training for CHIP

In October, McDonald Road Church will be offering the Coronary Health Improvement Project (CHIP). Volunteer staff who will be helping with the program have already been gearing up by attending training sessions each Thursday during August.

Judy DeLay, CHIP leader for McDonald Road Church, says the training will help the staff be familiar with the CHIP lifestyle so they can better relate to the participants during the program.

To learn more about the upcoming program, contact Judy DeLay at 423-396-3355.

~ Rebecca Brooks, editor



Yani Raymond peruses one of the books at the staff training.

MANNA

The Manna is the official newsletter of the McDonald Road Seventh-day Adventist Church. It is published monthly and distributed to members and friends of the church.

Head of the Church Pastor Jesus Christ Don Gettys
Associate Pastor Paul Carlson
Associate/Youth Pastor David Cook
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The church office is open Monday through Thursday from 9 a.m. to 3 p.m. and Friday 9 a.m. to 1 p.m., unless otherwise announced.

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Submissions Deadline: The third Thursday of each month, unless otherwise specified. Submit items in writing at the church office; by fax (396-3433); by e-mail manna@mcdonaldroad.org; or by mail at 5440 McDonald Road, McDonald, TN 37353. Submissions by phone are not accepted.

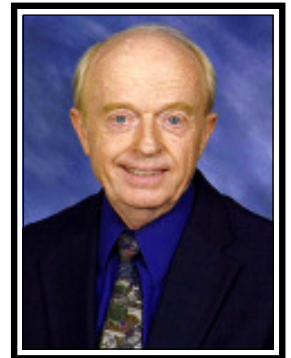
Electronic Submissions: Submissions may be made via e-mail with the following attachment formatting: Word or WordPerfect documents, Adobe PDF text files and graphics or photos saved as jpeg, bmp or gif files. Please submit electronic files by e-mailing them to: manna@mcdonaldroad.org.

"Uplifting Jesus"
McDonald Road
Seventh-day Adventist Church



Pastor's Challenge

Conquering Fear in Africa



Pastor Don Gettys

AFRICA! Before this summer, we had never been there. But we, along with more than 25 others from the McDonald Road Church, went on a mission trip to Tanzania where we held evangelistic meetings at 17 sites.

Now, I am not normally a person of much fear. However, on this trip my fears kicked in. I remember that awful first night. We finally arrived at the site that had been assigned to me. It was my job to set up my equipment for the night meeting. There was no electricity, no projection screen, no table for me to place my projector. There was a corn field on one side and weeds and rubble and dust in front of where I was to preach. Several tiny shacks could be seen from where I stood. About 100 small kids surrounded me, but I felt totally alone. I could not communicate with them or them with me. I knew one word: "jumbo," which they told me means "hello" in Swahili. I greeted about 250 people saying "jumbo" to each one and shaking their hands. Finally, it was about five minutes before the time to start. Nothing had been set up.

Suddenly some men came carrying a makeshift screen made up of plywood painted dirty white. It was getting almost dark. Another person brought a small bench about 12" high for my projector to sit on. If there was to be a meeting, the system must be set up and all the wires hooked up and computer booted up after the projector is turned on. Everything had to be done in a certain order or it would not work. I am not a computer sage. I wanted Dean Saunders to be there with me. I had no flashlight with me and there were no light bulbs lit up anywhere. Soon a man began to help me by running my projector wire. He dropped it and in the darkness he stepped on the end which impacted clay up into the female end of the connector. Because of the darkness, I did not see this. The plug would not go into

~ Continued on page 7 ~

Sermon Schedule

- "Having More Dollars Than Sense" Sabbath, September 1
- by Pastor Don Gettys
- "Be Satisfied With Your Stuff" Sabbath, September 8
- by Pastor Don Gettys
- "Heart Smart For Life" Sabbath, September 15
- by Pastor Paul Carlson
- "With Earnest Desire" Sabbath, September 22
- by Pastor David Cook
- "Gentle Jesus" Sabbath, September 29
- by Pastor Don Gettys

Reaching In

A Geriatrist's Gratitude

By Adrian Boyer

Of Aches and Pains I've had my Share
At Eighty Years and Eight,
But otherwise I must apprise
That I am feeling great.

Although I'm not as spry as when
I was a callow Youth,
Yet I am still not o'er Life's Hill,
And that's the Honest Truth.

The Lord's been mighty good to me
In my declining Years,
And Day by Day led all the Way
Through Life's dark Vale of Tears.

My Heart is filled with Gratitude
Whene're I contemplate
The Riches of God's tender Love,
For me at Eighty-eight.

And as I trek Life's Sunset Trail
In Peace and sweet Accord,
Erelong I'm sure if I endure
I'll see my loving Lord.

However long my Sojourn be
God only can decide,
But this I know where'er I go
He's always by my Side.

Time to for Renewal

In a world of busy schedules, "to do" lists, and lack of sleep, do you need a way to be renewed and help keep things in perspective during the week? If so, visit the Fireside Room of the McDonald Road Church on Wednesday evenings at 7:00 p.m. for Prayer Meeting.

"Prayer meeting, for me, is special because people come to renew and affirm their faith. It's all about getting new glimpses of hope from inspiration," shares Pastor Paul Carlson, who leads the service each week. "There's thought-provoking interaction and great dialog. It's also a chance to share prayer requests and praises with people."

The meeting begins with songs, accompanied by Pastor Carlson on the recorder. Then the microphone is passed around for anyone wishing to share prayer requests or praises before everyone prays together in groups of two or three.

The group is currently about halfway through studying the book "Thoughts from the Mount of Blessing," by Ellen White.

"Most Christians believe that Solomon was the wisest person who ever lived. But I believe there was a wiser person than Solomon ever was," says Pastor Carlson.

"It was Jesus and His 'Sermon on the Mount' is very profound and simply beautiful. In my view, it's the best source of wisdom in all the Bible. And the book 'Thoughts from the Mount of Blessing' is inspired commentary that explains that wisdom so masterfully."

Recently, the study has focused on the Beatitudes as shared in Matthew chapters 5-7. Hugo Christiansen, who regularly attends Prayer Meeting, says, "The beatitudes are really Christ's practical aspect of Christian living, which I think is very relevant."

If you're looking for a way to refocus your thoughts on God mid-week, why not visit Wednesday evening prayer meeting? As Christiansen says, "It's a good blessing to everybody that comes."

~ Rebecca Brooks, editor



Margaret Rempher shares during the prayer request and praise time.



Pastor Carlson leads the group in a discussion about Matthew 5:7.

Reaching Out

Mission to Africa

A mission team from the McDonald Road Church recently returned from Tanzania, Africa. While there, the team of 28 held 17 evangelistic meetings and baptized 218 people into the Seventh-day Adventist Church. Be sure to read Pastor Gettys' reactions from the trip in the Pastor's Challenge on page 2.

~ Photos courtesy of Pastor Don Gettys



Dr. Cynthia Gettys and Pastor Don Gettys dress in African attire.



Dr. Cynthia Gettys preaches at her site.



Pastor Gettys listens from the pulpit as a song is shared.



Pastor Gettys baptizes one of 218 during the trip.



The group of missionaries and volunteers poses for a picture.

Kids' Corner

WORDSEARCH

Can you find these words from the Pastor's Challenge on page 2? The answers are on page 8 (no peeking!).

G W U J T E O B Z Z J G Q P B G S W A H I L I G E U N V
 J D U S H Z T L V U Z V J R K O T N R G I Z P Z L L X O
 M G C B G T A E Y J N W O X I C J A T Q S J G M E X H L
 B N I R I K N L C I G Y G M T Y W O B M U J U C C W N L
 O O K B L K Z V W Q O W D S S H U E I F R H A F T W O A
 P R B P H K A P U G U L P S D N A G K H E B Q O R G S N
 H P N T S Z N D I P Q R W O P C Q O O V B A I K I X D S
 J J C P A A I Y W W D W H D I S U S E J B P R Z C M F O
 O R Y G L G A G N Y I A Z R Q M M J O U N P O H I W J Q
 C P H C F U G E U V R Q F L A P T O P G V P R N T P L O
 Y Q K B U E G P I A T A H S C N M A Z C U Z P D Y N G B

AFRICA	FEAR	JUMBO	PRONG
DIRT	FLASHLIGHT	LAPTOP	SWAHILI
ELECTRICITY	JESUS	PLUG	TANZANIA

Color the Picture!



"Swordfish"

A Story by Mrs. Janice Parker

Sue the Swordfish swims in the warm waters of the Mediterranean. She is a larger marine fish, and her family can be found in most tropical and sub-tropical areas. She is a mid-water fish and swims at depths of 650 to 2,000 feet. She has been observed in surface water that is just below freezing. Her "brain heater" is a large bundle of tissues that work with her eye muscles. These tissues insulate and warm her brain when it is cold. They help prevent her from cooling too rapidly and prevent damage to her brain.

She is larger than male swordfish—with a body that is blackish-brownish on her top side with the color fading to lighter shades below. Her fins are brown and dark brown. She weighs around 300 pounds when she is full grown and her sword-like beak often makes up to one-third of her body length.

Sue the Swordfish will mature at about five to six years of age. She and her friends will pair up and spawn together in the warm water of the Mediterranean, off the coast of Italy. She can carry more than a million eggs. These are fertilized and float on the water. In about two-and-a-half days, the baby embryo will develop. Swordfish live to be about 9 years old.

The swordfish's enemies are killer whales, sharks and humans. Swordfish make delicious meat. They are hunted with harpoon as well as big game equipment. They make up a large part of the fishing industry.

Connecting

New Member Spotlight:

Karen Morgan & Viola Knight

Karen Morgan and her mother Viola Knight have transferred to the McDonald Road Church from the Collegedale, Tenn., Church.

Karen moved to Collegedale from Ridgetop, Tenn., in the fall of 1995 and began working for Southern Adventist University in McKee Library. She was there for about 5 years and is now beginning her 7th year as the Office Manager in Talge Hall.

She has a daughter, Aimee Lalic who has a one-year old son, Christopher. Karen enjoys spending time with her grandson, cooking, and reading.

She appreciates the friendliness of the McDonald Road Church, noting that even when she came as a visitor, she was greeted several times.

Viola moved here September 2004 from Ridgetop, Tenn. She had lived in the same house since 1951, so it wasn't an easy decision to leave. She worked for years in her husband's CPA firm and raised three children. She and Kenny, her husband, were founding members and instrumental in the beginning of the Ridgetop Seventh-day Adventist Church and Church School. She enjoys working in her flower garden and has several house plants.



Photo by Bob Rempher

Pastor's Challenge *continued from page 2...*

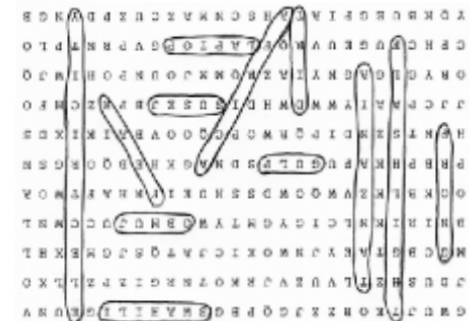
my laptop. Someone else got an electrical line for me. While I plugged it in, another person took a screwdriver and poked it into my connector in an attempt to dig out the clay. Unbeknownst to me, he bent one of the small prongs inside the connector. Nothing seemed to work. I prayed, "Lord if it is to be, it is up to You."

In the light of my laptop screen, running on battery power, I dug the dirt out and un-bent the prong. After much struggle, things began to work and we had our meeting. My hands were sweaty the whole time. I thought, if every night is like this, I will be a nervous wreck after the 19th sermon. But each night things slowly got better. The electricity never was good. We were supposed to have 240 volts and the meter showed 180. Many times it went off in the middle of the meeting. But, numerous calls were made and people responded. Despite my fears, the meetings were a success. The group from McDonald Road Church baptized 218 precious souls. God really blessed! Psalm 34:4 says, "I sought the LORD, and he heard me, and delivered me from all my fears." God is so good! If you struggle with fear as I did, I urge you to take it to Jesus. Jesus will help you.

~ Pastor Don Gettys

WORDSEARCH ANSWERS :

FROM PAGE 6



Got news stories or pictures?

If you know of something interesting going on at McDonald Road Church, share your news and pictures with the Manna! Just write down a few paragraphs and take a few pictures, so we can keep our church members and community well-informed. See the sidebar on page 2 for more information about how to submit your news and photos.

What's Happening

Belize Mission Trips: McDonald Road Church will be taking mission trips to Belize in January and March 2008. To reserve your spot, visit www.mcdonaldroad.org and click on the link for the Belize Youth Trip.

The Samaritan Center thanks you for your help with "Stock Their Lockers." They have been able to help 140 students (and counting) so far this year.

Coronary Health Improvement Project (CHIP): Know someone who is concerned about their health? Bring them to one of the free information and registration sessions for McDonald Road's upcoming CHIP Oct. 14 - Nov. 8.

- Oct. 4 - Memorial Hospital
Classroom, 6:00 & 7:30 p.m.
- Oct. 8 - Southern Adventist University
Banquet Room 2, Noon
- Oct. 8 - McDonald Road Church
Fireside Room, 7:00 p.m.
- Oct. 9 - Collegedale City Hall
Conference Room, 6 & 7:30 p.m.

Be a Part of the Next Great Revival! Come to McDonald Road Church for the 10-part revival series called "Here We Stand: Foundations of Our Faith" presented by Amazing Facts via satellite Sept. 7-15 from 7:00-8:30 p.m. Join Pastor Doug Batchelor for nine days of restoration and reformation that will cover Bible teachings such as the law and the gospel, the Sabbath, state of the dead, spirit of prophecy, true revival, and more. Fortify your faith, ignite your passion for soul-winning, and brace your heart to stand for truth in the last days. It's also a great chance to introduce your friends to the three angels' messages of Revelation!

Help us promote our website address at:

<http://mcdonaldroad.org> and our e-mail: office@mcdonaldroad.org.

Be sure to bookmark it for yourself— and if you have a personal website, include our church web address in your links!



Regular Programs

Weekly Worship Services

First Service
Saturdays at 8:50 a.m.

Second Service
Saturdays at 11:25 a.m.

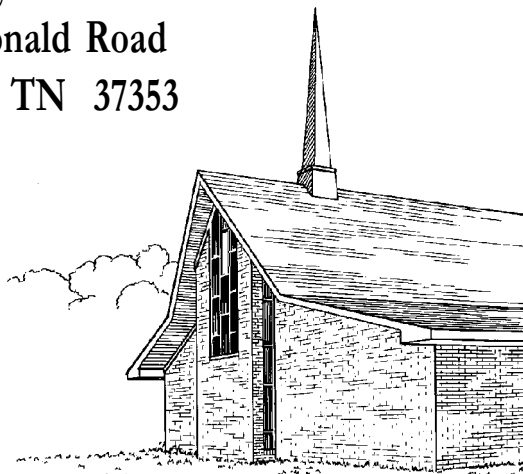
Sabbath School

Saturdays at
10:00-11:20 a.m.

Prayer Meeting

Wednesdays at 7:00 p.m.

**McDonald Road
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McDonald, TN 37353**



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