

MANNA

September 2008 Vol. 21, No. 9



Newsletter of the
McDonald Road Seventh-day Adventist Church

In this issue. . .

Pastor's Challenge	2
Church Board Notes	3
Financial Update	3
Membership Transfers	3
Samaritan Center Needs	3
Offering Schedule	3
Camp Brings Youth to Jesus	4
Note of Appreciation	4
Stock Their Lockers Success	5
Youth/Young Adult Convention	5
Kids' Corner	6
New Member Spotlight	7
Directory Photo Sign-Ups	7
What's Happening	8

Letters from Lorraine: Missionary in Ebeye

McDonald Road church member Lorraine Rollins recently began serving as a missionary in Ebeye, an island in the North Pacific Ocean.

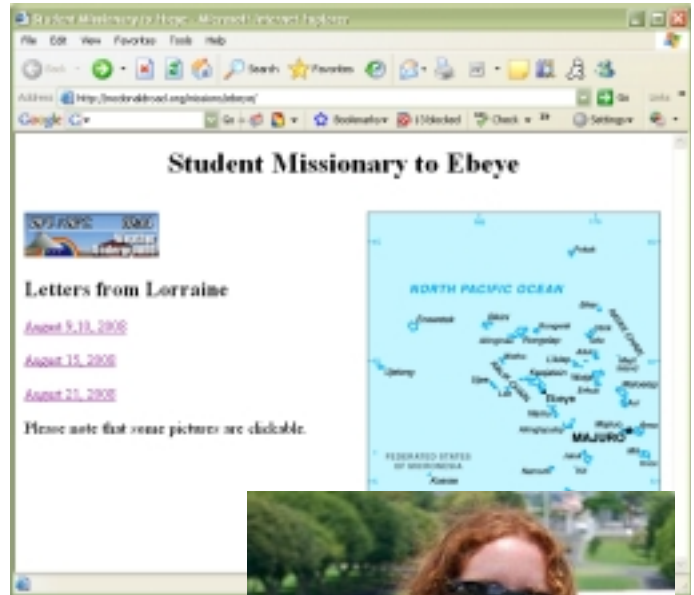
"All is going well here in Ebeye. I'm finally starting to get settled in. The place is small and a little crowded but the people are nice here. I miss you all a lot and I do want to hear from you and I will try and reply as much as possible," she wrote on August 9, 2008.

In addition to teaching at the school, Lorraine is helping with Pathfinders. In her August 21 letter, she shared that she needed some Pathfinder activities such as knot tying to help the club.

Lorraine shares that for those who would like to contact her, they should email her at tofudy@gmail.com. Anyone who wishes to send a package should mail it in a flat rate box from the post office to:

Ebeye SDA School
Lorraine Rollins
P.O. Box 5070
Ebeye HM 96970

Visit mcdonaldroad.org to read the letters Lorraine writes to McDonald Road Church.



Lorraine Rollins is serving as a student missionary in Ebeye.

**“He said to them,
‘Go into all the
world and preach
the good news to
all creation.’”**

- Mark 16:15

- Rebecca Brooks

MANNA

The Manna is the official newsletter of the McDonald Road Seventh-day Adventist Church. It is published monthly and distributed to members and friends of the church.

Head of the Church Pastor Jesus Christ Don Gettys
Associate Pastor Paul Carlson
Associate/Youth Pastor David Cook
Church Secretary Eva Burchard
Newsletter Editor Rebecca Brooks

The church office is open Monday through Thursday from 9 a.m. to 3 p.m. and Friday 9 a.m. to 1 p.m., unless otherwise announced.

Send address changes to:
McDonald Road
Seventh-day Adventist Church
5440 McDonald Road
McDonald, TN 37353
Phone: (423) 396-3462
Fax: (423) 396-3433
Web: <http://mcdonaldroad.org>

Submissions Deadline: The third Thursday of each month, unless otherwise specified. Submit items in writing at the church office; by fax (396-3433); by e-mail manna@mcdonaldroad.org; or by mail at 5440 McDonald Road, McDonald, TN 37353. Submissions by phone are not accepted.

Electronic Submissions: Submissions may be made via e-mail with the following attachment formatting: Word or WordPerfect documents, text files, and graphics or photos saved as jpeg, bmp, or gif files. Please submit electronic files by e-mailing them to: manna@mcdonaldroad.org.

"Uplifting Jesus"
McDonald Road
Seventh-day Adventist Church



Pastor's Challenge

From Pew-warmer to Player

Wilma Rudolph was the 20th of 22 children. She was born prematurely and her survival was doubtful. When she was 4 years old, she contacted double pneumonia and scarlet fever, which left her with a paralyzed left leg.

At age 9, she removed the metal leg brace she had been dependent on and began to walk without it. By 13 she had developed rhythmic walk, which doctors said was a miracle. That same year she decided to become a runner. She entered a race and came in last. For the next few years every race she entered, she came in last. Everyone told her to quit, but she kept on running. One day she actually won a race, and then another. From then on she won every race she entered. Eventually this little girl, who was told she would never walk again, went on to win three Olympic gold medals.

Character cannot be developed easily. Only through trial and hard effort can success be achieved. Don't stop to look fear in the face. Don't give up and throw in the towel. The finest steel gets sent through the hottest furnace. A winner is not one who never fails, but one who NEVER QUILTS!

2008 Olympics, BEIJING – Water threatened to sink Michael Phelps' bid for eight gold medals at a single Olympics and nearly stopped his ascendancy in becoming the most decorated athlete in Olympic history. One day he was swimming for all he was worth and his goggles filled with water. Try swimming a 200-meter butterfly with water filling your goggles and getting worse by the second. "I couldn't see anything for the last 100 meters, my goggles were pretty much filling up with water," Phelps said. "It kept getting worse and worse through the race. To be honest, I was having trouble seeing the walls." But he did not quit.

Eric Shanteau is from Texas. Two months before the games, he was diagnosed with testicular cancer. But expert swimmer Shanteau, eternally upbeat, always smiling, did not back down. He went to China and fulfilled a life dream. He is not a quitter. Good athletes aren't quitters.

Christian leaders should not be quitters either. Should you accept leadership when the Nominating Committee calls your name? Things might be challenging. They might be hard. But we must persist. Be a player for Jesus' important work.

- Don Gettys



Pastor Don Gettys

Sermon Schedule

- "The Peter Principle and Jesus" Sabbath, September 6
• by Paul Carlson
- "Follow Me" Sabbath, September 13
• by David Cook
- Communion Sabbath Sabbath, September 20
• "Water, Wheat, and Wine"
• by Don Gettys
- "The Valley Shepherd" Sabbath, September 27
• by Don Gettys

Church Business

The Church Board Notes, Financial Updates, and Membership Transfers are not available in the online Manna Highlights. If you would like to know this information, please contact the McDonald Road Church office.

Samaritan Center Needs

The Samaritan Center needs crackers, flour, ketchup, mustard, mayonnaise, pancake mix, pancake syrup, and vegetable oil. If you can help, please bring items to the Samaritan Center front desk or call 238-7777, ext. 23, to make other arrangements.

Offering Schedule

Sept. 6	Local Church Budget
Sept. 13	Fall Mission Appeal (World Budget)
Sept. 20	Local Church Budget
Sept. 27	Georgia-Cumberland Ministries

Reaching In

Camp Brings Youth to Jesus

The tradition of Christian fellowship, horse back rides and camp fires was continued for another summer at Cohutta Springs Youth Camp. Over 1,400 campers (compared to 1,369 in 2007) ventured to the wilds of Cohutta to worship God, swim, blob, create candles, and wakeboard, among other things.

Rob Lang, youth ministries director for the Georgia-Cumberland Conference, reports that seven individuals were baptized during summer camp; in addition 200-300 decisions for baptism were made and there were almost 1,000 commitments to Christ. "This makes Cohutta Springs Youth Camp a central part of conference evangelistic ministry," adds Lang.

Chase, teen camper, says, "I love this place. It's a great place to come and get to know God. Your bond can never get too strong with God. It's all about spending time with God."

One camper came to live in the United States from Vietnam about 9 months ago. Before camp she had never heard anything about God. "I am so happy to learn about God," says Huong. "I study the Bible a lot every day." (Camp staff have given her Steps to Christ and the Bible.)

After 11 years of working at camp, Becky Whetmore says, "The best thing about camp is the kids. We get so many different kids. It's such fun working with them. It's the best place to be."



Nate Dubs, associate camp director, says, "The best thing about Cohutta is that our camp is based on ministry. God is really blessing us because the whole drive is ministry."

New to this year's REG Camp agenda was digital photography, wilderness survival, and basketball. New to RAD Camps are rock climbing, paintball, and Marine Life Camp. Marine Life Camp will take place between Christmas and New Year. It is a travel camp to central Florida where individuals get the opportunity to swim with manatees. These new additions will be offered next year along with several other exciting options. Check out the entire schedule online at www.cs-yc.com.

The mission of Cohutta Springs Youth Camp is "to provide positive Christian experiences, teach outdoor appreciation and skills, build healthy self-esteem, and help prepare young people for Jesus' soon return."

"The beautiful setting, dedicated Christian staff, and commitment to excellence in camping and outdoor pursuits make for a unique summer camp experience," says Lang.

- Georgia-Cumberland Conference

A Note of Appreciation

I want to mention our 75 to 105 year-old "youth." They come every Sabbath, quietly enter, remain reverent, listen in class, and quietly leave. I am thankful for them all. We should each give them a pat on the back, assistance if needed, an acknowledging smile, understanding love, acceptance, and courtesy. We need them so much. They were all little children at one time and have years of knowledge and experience. They are full of life's stories.

I hope each one of our members will search them out and love and acknowledge them. We all need each other. They need us and we need them.

May God bless each of you - our "older-than-us" church members. We love you and need you.

- Wanda McKee

Reaching Out

Stock Their Lockers: A Success



Stock Their Lockers was an amazing success at the Samaritan Center in Ooltewah, Tenn., this year!

Thanks to everyone who shared the school supplies that helped more than 150 children on their way back to school.

This year was especially amazing because the Samaritan Center had enough backpacks to help every child who walked in their door. What an enormous blessing to all involved!

Stock Their Lockers is an annual drive where individuals in the Ooltewah community collect new backpacks, pencils, paper, crayons, glue sticks, and other school supply list necessities and donate them to the Samaritan Center.

Families who request help or are referred by area teachers bring their children to the Samaritan Center to choose the proper tools for successful learning. Monetary donations given by community members for Stock Their Lockers go toward funding specialty items such as calculators that are requested by teachers.

The Samaritan Center believes that children do not choose their circumstances, nor can they change them. But with the community's support, children do not have to start the school year with a disadvantage.

To learn more about how you can become involved with outreach programs at the Samaritan Center, call 238-7777.

- The Samaritan Center (www.thesamaritancenter.net)

Youth/Young Adult Ministries Convention

It's a convention. It's a spiritual retreat. It's a camp for youth and young adult workers. It's a learning experience. What is it? It's the Youth/Young Adult Ministries Convention to be held Oct. 3-4 at Cohutta Springs Conference Center in Crandall, Ga.

With 15 presenters and 17 seminars, the Youth/Young Adult Ministries Convention will offer resources and information on a variety of topics. New to the convention this year is the young adult ministries training.

The featured speaker for the event will be Troy Fitzgerald, youth pastor at Walla Walla University Church. He says he keenly loves what young people do for the life and mission of the church when they get involved and spends most of his time helping them find a place to serve. He is a consulting editor for the General Conference Sabbath School Department and has written several books.

The convention is co-sponsored by the Georgia-Cumberland Conference of Seventh-day Adventists and the Southern Union Conference of Seventh-day Adventists.

Register before Sept. 15, 2008 to receive a \$10 "early bird" discount. To learn more and register, visit www.gccsda.com.

- Georgia-Cumberland Conference

A promotional poster for the Youth/Young Adult Ministries Convention. The poster has a green and yellow background with a grid of small portraits of speakers. At the top, it says "Youth / Young Adult Ministries Convention" and "October 3-4, 2008 - Cohutta Springs Conference Center". Below the grid, there is a large portrait of Troy Fitzgerald, the keynote speaker. Text on the poster includes "It's motivational... it's ministry training... it's revival for your soul... it's whatever you need it to be..." and "Keynote speaker". At the bottom, it says "FOR MORE INFORMATION, CALL GEORGIA-CUMBERLAND CONFERENCE YOUTH MINISTRIES AT 1-800-567-1844, EXT. 346".

Kids' Corner

Jungle Jaunts with Jack and Jerry

The family gets back into the van and heads down the road. The road follows the river with open grasslands on the right and woods on the left. "Do you want to know what animal we will see next?" asks Oscar. "See if you can guess before we come to them." They have two horns; one is larger than the other. Their hide is brownish-grey, and tough. They are very big."

"Do some species have only one horn and do they like water?" questions dad.

"Yes," replies Oscar.

"I think I know what they are," says Dad. "Do either of you boys want to guess?"

"It can't be a hippopotamus, because they don't have horns and we have already seen them," admonishes Jack.

"What is the name of that other big animal that likes mud holes and looks something like a hippopotamus, but has horns along its nose? I think that is what it is, only I don't remember its name." says Jerry.

"You're thinking of a rhino," exclaims Jack. "Is that what we're going to see?"

"You are right," replies Oscar, "and they are around this next curve. They are called White Rhinoceros."

Jerry gets out the Wild African Animals book and reads: "The white rhinoceros gets its name from a Dutch word 'weid,' which means wide because of its wide mouth. The word sounds like white, so they were called white rhinoceros even though they are grayish brown in color. White rhinos are grass grazers. Their wide mouth helps them to eat grass. Their cousin, the black rhino, has a pointed upper lip and it feeds on leaves.

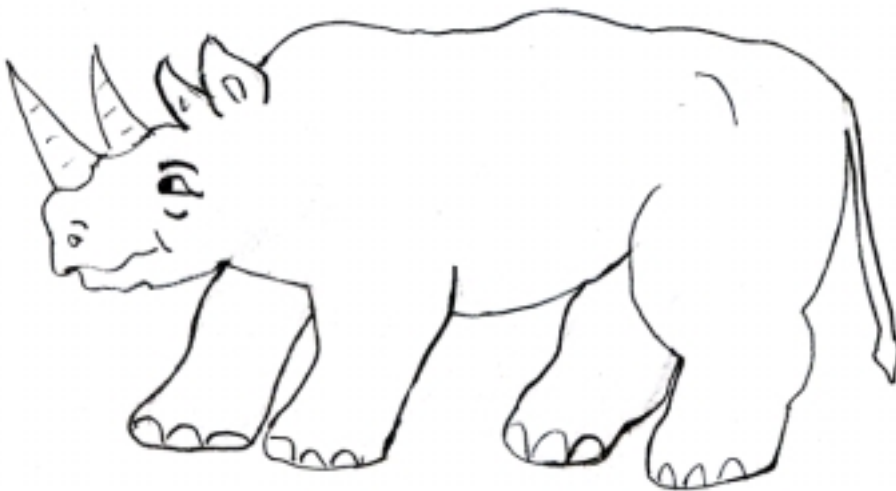
"The white rhino is the second largest land animal in Africa. The male average weight is over 2,000 kg, while the female is a little smaller. The female rhinos live in overlapping home ranges and are seldom seen alone. Other females and their latest offspring are with them. Male rhinos are less sociable. They occupy well-patrolled territories and leave dung middens and urine spray to mark their area. Females give birth to their first calf at about seven years of age. It takes 16 months of gestation before they are born. They are weaned at about a year, but the calves remain with the mother for two to three years until the next calf

is born. The young white rhino always runs ahead of its mother when fleeing from danger. They have no natural enemies except man. The young rhinos are sometimes attacked by lions or spotted hyena. White rhinoceros were hunted so extensively in the 1800s that they almost became extinct. They are protected now and their current status is over 5,000 individuals.

Jack takes out his notepad and writes, "white rhinoceros."

"What animal will we see next?" he wonders.

- Janice Parker



R S B R O
N H
E F
S T
D G I C O

Starting with the letter "R" on the left hand corner, count 5 spaces and write the letter in that space on the line below to find out the name of the animal.

Connecting

Directory Photo Sign-Ups

The McDonald Road Church is creating a new pictorial directory of our church family - and we would like to include all of our members in it. Every family that participates will receive a free directory and a complimentary 8x10 portrait taken by a professional photographer.

The pictures will be taken on the following dates:

Sunday	Sept. 21	12:00-7:00 p.m.
Monday	Sept. 22	3:00-9:30 p.m.
Tuesday	Sept. 23	3:00-9:30 p.m.
Wednesday	Sept. 24	3:00-9:30 p.m.
Sunday	Oct. 5	12:00-7:00 p.m.
Monday	Oct. 6	3:00-9:30 p.m.

Please sign up for a scheduled time at the online Directory Sign-Up website at <http://www.mcdonaldroad.org>. When you click on the Directory Sign-Up website, you will be able to fill out your information, then a schedule page will be available for you to choose a time and date that is convenient for you.

NOTE: Make sure to advance the calendar to September or October to see the available dates highlighted in red. Click on the day you desire and click on a time to schedule your portrait.

Sign-up sheets are also available at the church.

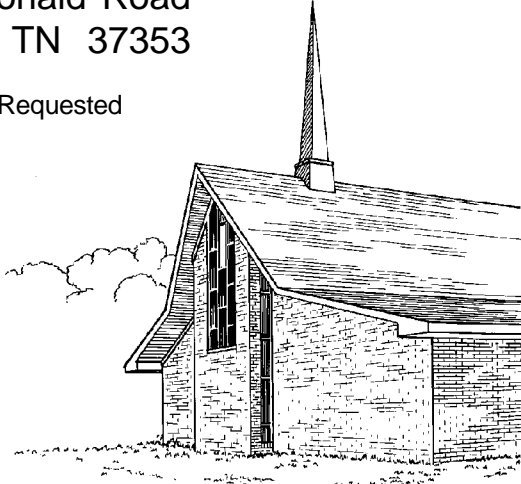
Be sure to get your picture taken. The directory wouldn't be the same without you!

The screenshot shows a web form for signing up for a directory photo. At the top, there are navigation tabs: Home, FAQ, Special Offers, Sign-up Ticket, and More From Alan Mills. Below the tabs is a header with the 'alan mills Church Directories' logo and a background image of a church building. The form is divided into two main sections: 'Photography Appointment Information' and 'Church Membership List Information'. The 'Photography Appointment Information' section includes fields for Contact First Name, Contact Last Name, Contact Phone, Email, Password, and Family Size. The 'Church Membership List Information' section includes fields for Address, State, City, Zip, and Family Last Name. There are also checkboxes for 'List family in the church directory?' and 'Family Children Members: Out how many to portrait?'. A 'Done' button is located at the bottom right of the form.

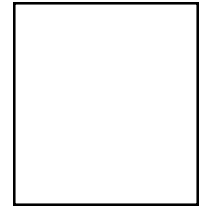
New Member Spotlights are not available in the online Manna Highlights. If you would like to know this information, please contact the McDonald Road Church office.

McDonald Road
Seventh-day Adventist Church
5440 McDonald Road
McDonald, TN 37353

Return Service Requested



“Uplifting Jesus”



What's Happening

Making the Most of Marriage Seminar: 7-week DVD series by Dr. Kevin Keman will be offered on Tuesdays starting Sept. 9, 7:00 p.m. at Collegedale Community Church, Juniors Room #252 of North Wing.

Greater Collegedale School System Business Meeting: Sunday, Sept. 7, 6:00 p.m. at the Collegedale SDA Church. Will discuss and vote on the middle school project.

Life Changes Fast! Our church family needs your help keeping track of all your new information. Have you recently moved? Changed your phone number? Married or had a baby? Did we have the wrong date listed in the Manna for your birthday or anniversary? Please remember to let us know. Call the church office with any updates at 423-396-3462.

Love for a Lifetime Marriage Conference: We invite you and your spouse on an exciting, fun, Christian weekend date. Oct. 31-Nov. 2, 2008 at the Winshape Retreat in Rome, Ga. Sponsored by the Georgia-Cumberland Conference Family Ministries department. To learn more, visit www.gccsda.com or call 800-567-1844, ext. 341.

Men's Congress: Reserve Oct. 17-19, 2008 to join your friends at Cohutta Springs for the annual Men's Congress. Our theme this year is "My Help Comes from the Lord" with guest speakers Paul Hoover and Olivier LeMaitre. You won't want to miss this outstanding event.

Bells, bells, bells! The bell choir needs your help to raise \$212 for the new bells. To support the bell choir in a material way, mark your tithe envelope "new bells." You will hear the new bells when the McDonald Road Melody Ringers perform in late September.

Regular Programs

Weekly Worship Services
First Service
Saturdays at 8:50 a.m.

Second Service
Saturdays at 11:25 a.m.

Sabbath School
Saturdays at
10:00-11:20 a.m.

Prayer Meeting
Wednesdays at 7:00 p.m.