

Christian Record Services

provides large print, braille, and audio materials to 18,000 blind people spread across the United States. Christian Record is looking for church members who would be willing to visit these blind people. Christian Record would give you the name of a blind person in your area who is receiving braille, large print, or audio materials,, then you would visit or call that person once a month to see how they are enjoying the materials, to encourage them, pray with them, and invite them to church. This is called the *M*issionaries *O*f the *B*ind program. If you would like more info. on how you can visit or call a blind person in your area, visit the MOB website at mob.christianrecord.org or email mob@christianrecord.org , or contact Christian Record's Personal Ministries Department at 402-488-0981 ext 246.

Collecting Eye Glasses for Africa:

The Pre-Optometry Club at Southern Adventist University is collecting used eye glasses to send to Africa. Glasses can be taken to Talge Hall's front desk with a note to be delivered to Jordan Netzel. For more information, call 479-427-0398.

East Ridge Church Plant:

Location: 1014 Spring Creek Road, East Ridge, Tennessee.
Sabbath School: 9:30 a.m.
Church Service: 10:50 a.m.

Low-fat, Low-cholesterol

Cooking Classes: Thursday nights, February 26 - March 5, 6:30-8:00 p.m. at the East Ridge Community Center, 1517 Tombras Avenue in East Ridge. 6:30-8:00 p.m. at the East Ridge Community Center.
A small fee includes: samples, recipes, food demonstrations, health lectures by local physicians and Door prizes!
For reservations, call (423) 559-2192
If you know anyone in the East Ridge area, let them know!

Depression Recovery Seminar

Conducted by Dr. Kieth Schleifer. For information, call Phyllis Smith at 530-863-7129

Volunteers Needed: Come be a volunteer at Morning Pointe at Greenbriar Cove Assisted Living or the Lantern Alzheimer's Care, which is in the Collegedale/ Ooltewah area. There are many ways to share your talents, interests, and sunshine. There are also numerous days, times, and choices of activities to choose from. If you are interested please call us at 396-6999 for more details.



February 21, 2009

McDonald Road Seventh-day Adventist Church

Weekly Calendar & Announcements

This Week

Today:



Pathfinder Sabbath

● **Vespers**, 5:45 p.m., Sanctuary.

22, Sunday:

● **Choir**, 6:00 p.m.

23, Monday:

● **Pathfinders**, 6:30 p.m., Gym.

● **MRMR**, 7:00 p.m., Sanctuary.

24, Tuesday:

● **Volleyball**, 7:00 p.m., Gym.

25, Wednesday:

● **Prayer Meeting**, 7:00 p.m., Fireside room. Join us to study and discuss the book, "If God Won the War, Why Isn't It Over?" by Dick Winn. This week's study will be "Who needs an End-Time Judgment?" Extra handouts are at the welcome desk in the lobby.

28, Church: 8:50 & 11:25 a.m.

Stephen Bauer speaking:

"The Lie": Confronting the Ultimate Deception

● **Vespers**, 5:30 p.m., Sanctuary.

● **Adventurers, Discovery Museum.**

Announcements

Next Sabbath's offering is for Local Conference Advance. **Today's** Children's offering is for our Building Fund.

The Altar Flowers today are from Billy & Debbie Burnette in honor of their 17th Wedding Anniversary.

Thank you for all the prayers & cards during my recent surgery. God Bless You All!

~ Greg Keller

Our Prayer and Sympathies

to Bernie & Jean Baerg over the loss of their daughter Joyan Griggs, who passed away 2/16/09. May God grant them peace and strength during their time of sorrow.

Our New Directories Are In!

If your family had their picture taken, but have not picked up your directory, check with Dean at the Media Ministry to get your family's copy.

Vespers Today at 5:45 today in the Sanctuary. Join Kyle & Shelly Kennedy as they share their South American mission experiences.

“The Revelation of Jesus Christ” will be the topic for a two part DVD Vespers series. On February 28 at 5:30 p.m. the Keys to unlocking the secrets of Revelation will be revealed and also the Pyramid Structure which identifies the central message of Revelation and what is at the center of the center. The Chiastic structure determines which visions refer to which parts of earth’s history. The second in the series on March 7, also at 5:30 p.m. outlines the Great Controversy as revealed in Daniel and Revelation from the original battle in heaven to the final events of earth’s history.

Container Gardening Class presented by Terry Garrett March 1st from 10 a.m.-1 p.m. in McDonald Road SDA gym. Learn about containers, soil prep, and how to grow an abundance of vegetables in smaller areas.

“Last Day Events” will be the topic for a six part DVD Sunday evening series beginning on March 8 at 7:00 p.m. Watch the bulletin and Manna News for further information.

Deaconesses: Don’t forget to pick-up your schedules at the Welcome Desk.

Professional Training for Local Church Elders: *Sabbath, April 18, 2009--3:00-6:30pm.* Collegedale Community Church, 4995 Swinyar Drive, Ooltewah, TN 37363. All local church elders and spouses, plus pastors and laity leaders are invited to participate in a dynamic training event, hosted by the General Conference Ministerial Association to enhance the effectiveness of church leaders. All seminars translated into Spanish. Free of charge. No registration required. For directions or more information, please contact Ricardo Bacchus at 301-680-6514 or bacchusr@gc.adventist.org.

8 Weeks To Wellness:
In Eight Weekly Sessions learn to...

- Develop a healthy lifestyle
- Become more physically active
- Choose healthy fats
- Choose healthy carbohydrates
- Achieve and maintain a healthy weight
- Enhance mind-body connections
- Cope more effectively with stress
- Get preventive health checks

Where:
Country Life Vegetarian Restaurant
809 Market St.
Downtown Chattanooga

Time:
Tuesday’s at 6:30 p.m.
Beginning February 10, 2009

RSVP:
Please call to reserve your space.
(423) 503-0382 or (423) 987-1625

A Memorial Service for Calvin Fox, former school teacher at AW Spalding will be held this Sunday the 22nd at 5:00 p.m. at the collegedale community church.

Tape Ministry depends on your donations. Suggested donations are: \$1 per tape; \$2 per audio CD; \$5 per DVD. Mark your donation as “Tape Ministries” or just place cash in the collection can. Thank you!

Decisions are important. Choose to Discipline your self. Your destiny is Determined by the Decisions you make NOW. Make one of your important Decisions to Join a weekly small prayer-bible-study group or start one in your home; Or join the small one that meets each Wednesday morning at 5:45 AM here in this Church. (Fireside Room) The subject this Wednesday is “What is man doing with his Time After the Flood?” ~Nat Halverson

Office Hours: Monday–Thursday, 9:00 a.m. to 3:00 p.m.
Friday, 9:00 a.m. to 1:00 p.m.

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Associate/Family Ministries: Paul Carlson..... 396-3318
Associate/Youth Pastor: David Cook 236-4467
Southern Deaf Fellowship Pastor: Jeff Jordan..... 614-6576
East Ridge Church Plant Phone Number. 718-2236
East Ridge Church Plant Leader: Jay Anders. 396-9730
Head Elder: Tim Cook. 236-4801
Head Deacon: Greg Keller 894-6181
Head Deaconess: Dottie Herrod. 834-2387
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